

# Camp Constantin and Trevor Rees-Jones Scout Camp Menu

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>BREAKFAST</b>	<b>Food Item</b>	<b>Breakfast Burritos</b>	<b>French Toast Sticks</b>	<b>Biscuits &amp; Gravy</b>	<b>Bacon and Eggs</b>	<b>Pancake on Stick</b>	<b>Grab &amp; Go Continental</b>
		Scrambled Eggs <sup>G V</sup>	French Toast Sticks <sup>V</sup>	Biscuits <sup>V</sup>	Scrambled eggs	Crispy Rice Cereal* <sup>G V</sup>	Kolache
		Pre-cooked Bacon <sup>G</sup>	Sausage Links <sup>G</sup>	Sausage Patty <sup>G</sup>	Diced Potatoes <sup>G V</sup>	Hash Brown <sup>G V</sup>	Danish Assortment <sup>V</sup>
		Flour Tortilla <sup>V</sup>	Assorted Cereal <sup>V</sup>	Sausage Gravy	Bacon <sup>G</sup>	Assorted Cereal <sup>V</sup>	Assorted Cereal <sup>V</sup>
		Corn Tortilla* <sup>G V</sup>	Orange Juice <sup>G V</sup>	Honey <sup>G V</sup>	Assorted Cereal <sup>V</sup>	Orange Juice <sup>G V</sup>	Crispy Rice Cereal* <sup>G V</sup>
<b>STAFF BRUNCH</b>	Grated Cheese <sup>G V</sup>	Syrup <sup>G V</sup>	Jelly <sup>G V</sup>	Orange Juice <sup>G V</sup>	Syrup <sup>G V</sup>	Granola Bar* <sup>G V</sup>	
	Salsa <sup>G V</sup>	Crispy Rice Cereal* <sup>G V</sup>	Assorted Cereal <sup>V</sup>	Crispy Rice Cereal* <sup>G V</sup>			
	Assorted Cereal <sup>V</sup>		Crispy Rice Cereal* <sup>G V</sup>				
	Orange Juice <sup>G V</sup>		Orange Juice <sup>G V</sup>				
	Crispy Rice Cereal* <sup>G V</sup>						
<b>LUNCH</b>	<b>Food Item</b>	<b>Chicken Fingers</b>	<b>Hamburgers</b>	<b>Cold Cut Sandwiches</b>	<b>Corn Dogs</b>	<b>Pizza</b>	
		Chicken Strips	Burger Patty <sup>G</sup>	Sub Roll <sup>V</sup>	Turkey Corn Dog	Individual Pan Pizza	
		Grilled Chicken Strips* <sup>G</sup>	Veggie Patty* <sup>G V</sup>	Grilled Cheese* <sup>V</sup>	Veggie Patty* <sup>G V</sup>	Individual Pepperoni Pizza <sup>G</sup>	
		Peppered Gravy <sup>V</sup>	Hamburger Buns <sup>V</sup>	Ham Cold Cuts <sup>G</sup>	Tator Tots <sup>G V</sup>	Macaroni Salad <sup>V</sup>	
		French Fries <sup>G V</sup>	Wedge Fries <sup>G V</sup>	Turkey Cold Cuts <sup>G</sup>	Ketchup <sup>G V</sup>	Pepperoni <sup>G</sup>	
	Ketchup <sup>G V</sup>	Lettuce <sup>G V</sup>	Cheese Slices <sup>G V</sup>	Mustard <sup>G V</sup>	Sugar cookie <sup>V</sup>		
	Popsicle <sup>G V</sup>	Tomatoes <sup>G V</sup>	Lettuce <sup>G V</sup>	Rips <sup>G V</sup>			
		Cheese Slices <sup>G V</sup>	Tomatoes <sup>G V</sup>				
		Ketchup <sup>G V</sup>	Assorted Chips <sup>V</sup>				
		Mustard <sup>G V</sup>	Mayonnaise <sup>G V</sup>				
		Choc. Chip Cookie <sup>V</sup>	Mustard <sup>G V</sup>				
			Orange Sherbet <sup>G V</sup>				
<b>DINNER</b>	<b>Food Item</b>	<b>Chicken Fried Steak</b>	<b>Turkey &amp; Stuffing</b>	<b>Fajita Dinner</b>	<b>Spaghetti &amp; Meat Sauce</b>	<b>Bar B Que Dinner</b>	
		Chicken Fried Steak	Turkey <sup>G</sup>	Chicken Fajita Meat <sup>G</sup>	Spaghetti Pasta <sup>V</sup>	Drumstick <sup>G</sup>	
		Chopped Beef Patty* <sup>G</sup>	Green Beans <sup>G V</sup>	Corn Tortilla* <sup>G V</sup>	Grilled Chicken Breast* <sup>G</sup>	Sausage Rope <sup>G</sup>	
		Peppered Gravy <sup>V</sup>	Cornbread Stuffing <sup>V</sup>	Flour Tortilla <sup>V</sup>	Spaghetti Sauce <sup>G V</sup>	Baked Beans <sup>G V</sup>	
		Green Beans <sup>G V</sup>	Turkey Gravy	Pepper Onion Faj Blend <sup>G V</sup>	Ground Beef <sup>G</sup>	Potato Salad <sup>G V</sup>	
	Mashed Potatoes <sup>G V</sup>	Corn <sup>G V</sup>	Beans <sup>G V</sup>	Green Beans <sup>G V</sup>	Pickles <sup>G V</sup>		
	Dinner Roll <sup>V</sup>	Roll <sup>V</sup>	Sour Cream <sup>G V</sup>	Bread Stick <sup>V</sup>	Onions <sup>G V</sup>		
	Vanilla Ice Cream <sup>G V</sup>	Ice Cream Sandwich <sup>V</sup>	Grated cheese <sup>G V</sup>	Rice Krispies Sheet <sup>G V</sup>	Cake (Chocolate) <sup>V</sup>		
	Chocolate Ice Cream <sup>G V</sup>		Chips <sup>G V</sup>		Icing (Choc) <sup>V</sup>		
	Strwbery Ice Cream <sup>G V</sup>		Salsa <sup>G V</sup>				
	Chocolate Syrup <sup>G V</sup>		Jalapenos <sup>G V</sup>				
	Caramel Syrup <sup>G V</sup>		Churro <sup>V</sup>				
	Sprinkles <sup>G V</sup>						
	Ice Cream Sandwich <sup>C V</sup>						

G - Gluten Free Option
V - Vegetarian Option
* - Prepared for Campers that are Gluten-free or Vegetarian
C- Campfire Treat

**THIS MENU SUBJECT TO CHANGE**

**Special dietary needs should be added to each participant's profile in Black Pug.**